

SAMPLE SCHEDULE FOR SESSION A- February 6 & 7, 2010

SATURDAY

8:00 to 12:00 Lecture on General Issues and Rules Section with DVD

12:00 to 1:00 LUNCH

1:00 to 5:00 Lecture on Biomechanics of General Horse, Parts and Gaits

End of Day 1

SUNDAY

8:00 to 12:00 Biomechanical Lecture of Pyramid of Training with DVD

12:00 to 1:00 LUNCH

1:00 to 1:45 Training Level

1:45 to 2:30 First Level

2:30 to 3:30 Second Level

3:30 to 4:00 Wrap-up

End of Day 2

SAMPLE SCHEDULE FOR SESSION B- April 10 & 11, 2010

SATURDAY

8:00 to 11:30 Classroom Session

Discussion of homework (quizzes)

Lecture with DVD

11:30 to 12:15 LUNCH

12:15 to 12:45 Training Level 1 and 2 - Parts of tests & discussion

Horse & Rider # 1 & 2

12:45 to 1:15 Training Level Test 2 (Complete test) & discussion

Horse & Rider #3

1:15 to 1:45 Training Level 3 and 4 - Parts of tests & discussion

Horse & Rider #4 & 5

1:45 to 2:15 Training Level test 4 (Complete test) & discussion

Horse & Rider #6

2:15 to 2:30 BREAK

2:30 to 3:15 First Level 1 and 2 - Parts of tests & discussion

Horse & Rider #7 & 8

3:15 to 3:45 First Level test 2 (Complete test) & discussion

Horse & Rider #9

3:45 to 4:30 First Level 3 and 4 - Parts of tests & discussion

Horse & Rider #10 & 11

4:30 to 5:00 First Level test 4 (Complete test) & discussion

Horse & Rider #12

End of Day 1

SAMPLE SCHEDULE FOR SESSION B continued
SUNDAY

8:00 to 11:00 Classroom Lecture with DVD
11:00 to 11:15 BREAK and move to indoor
11:15 to 12:00 Second Level test 1 and 2 - Parts of test & discussion
Horse and Rider #13 & 14
12:00 to 12:30 Second Level Test 2 (Complete test) & discussion
Horse and Rider #15
12:30 to 1:15 LUNCH
1:15 to 2:00 Second Level test 3 and 4 - Parts of test & discussion
Horse & Rider #16 & 17
2:00 to 2:45 Second Level Test 3 and 4 - Parts of test & discussion
Horse and Rider #18 & 19
2:45 to 3:15 Second Level Test 3 (Complete test) & discussion
Horse and Rider #20
3:15 to 3:45 Second Level Test 4 (Complete test) & discussion
Horse and rider #21
3:45 to 4:00 Wrap-up



SAMPLE RIDING SCHEDULE FOR SESSION C- May 29 & 30, 2010

SATURDAY

7:30 Registration
8 or 8:30 to 11:30 Classroom Session: Discussion of homework
The Collective Marks and Further Remarks
11:30 to 12:15 LUNCH
12:15 Freestyle Promo
12:30 to 1:30 Rider Biomechanics and Equitation
BREAK
2:00 to 2:30 Hack Class (3 horses – evaluate gait, basics and rider
biomechanics)
2:30 Training Level, Test 1 Horse #1
2:50 Training Level, Test 2 Horse #2
3:10 Training Level, Test 3 Horse #3
3:30 Training Level, Test 4 Horse #4
3:50 First Level, Test 1 Horse #5
4:15 First Level, Test 2 Horse #6
End of Day



Sunday

8:00 First Level, Test 3 Horse #7

8:25 First Level, Test 4 Horse #8

8:55 Second Level, Test 1 Horse # 9

9:25 Second Level, Test 2 Horse #10

9:55 Second Level, Test 3 Horse #11

10:25 Second Level, Test 3 Horse #12

11:00 BREAK

11:20 Second Level, Test 4 Horse #13

11:50 Second Level, Test 4 Horse #14

12:20 Second Level, Test 4 Horse #15

12:20 to 1:15 LUNCH

1:15 Extra DVDs – further DVDs to discuss collectives

Summary and wrap-up.

End of Day

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